

# SAVE THE DATE

Nestlé Health Science Satellite Symposium  
at 15th Annual Congress of the ESSD

## Navigating the Challenges of Dysphagia, Malnutrition, and Sarcopenia in Older Adults

09

OCTOBER'25



12:00-13:00h  
Athens, Greece

### WELCOME & INTRODUCTION

**Prof Julie Regan, MSc PhD.**

Associate Professor in Speech and Language Pathology in the Department of Clinical Speech and Language Studies. Trinity College, Dublin. Ireland. Vice President ESSD.



### PRESBYPHAGIA: UNDERSTANDING AGE-RELATED SWALLOWING CHANGES IN OLDER ADULTS

**Prof. Julie Regan, MSc, Ph.**

### EXPLORING THE INTERPLAY OF SARCOPENIA, MALNUTRITION, AND DYSPHAGIA: IMPLICATIONS AND INTERVENTIONS

**Prof. Elisabeth De Waele, MD, PhD.**

Head of Clinical Nutrition Department Universitair Ziekenhuis Brussel, Belgium.



### PANEL DISCUSSION

Join our symposium  
and visit our booth!