

ACBS ☒ GMS ☒ PBS ☒

## Description

### Food for special medical purposes.

Glycosade® is a hydrothermally processed high amylopectin waxy maize starch available in unflavoured and lemon varieties. Glycosade lemon contains a sweetener.

## Indications

Glycosade is for the dietary management of glycogen storage disease (GSD) where the use of a long acting starch is indicated. Glycosade is suitable from 2 years of age.


## Dosage and Administration


To be determined by the clinician or dietitian and is dependent on the age, body weight and metabolic response of the patient. A fasting Glycosade load is recommended.


## Preparation Guidelines


To be determined by the clinician or dietitian. Glycosade can be either taken as a drink or added to food.

### Glycosade taken as a drink:

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Measure the required amount of liquid into a beaker with a lid.
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Add the required amount of Glycosade to the beaker. Typically a sachet of Glycosade can be added to 100ml of cold water or other suitable fluids.
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Secure lid and shake until the powder is dissolved.
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Glycosade is now ready to use. The product should be freshly prepared and consumed immediately.

### Glycosade taken with food:

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Add the required amount of Glycosade to 150-200ml of suitable yoghurt or cold custard/rice pudding.
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Stir well until smooth with a fork or a small whisk.
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Eat Glycosade straight away.

Glycosade may also be given through a feeding tube. Administer as a bolus to prevent possible tube blockage.

**Do not heat or warm Glycosade as this destroys the properties of the starch.**

### IMPORTANT NOTICE

Must only be used in individuals with proven hepatic GSD, where the use of a long-acting starch is indicated, under strict medical supervision.

Not for use as a sole source of nutrition.

Glycosade is suitable from 2 years of age onwards.

For enteral use only.

### Nutritional Information

		per 100g	per 60g sachet			per 100g	per 60g sachet
Energy	kJ	1496	901	<b>Minerals</b>			
	kcal	352	212	Sodium	mg	<200	<120
Fat	g	0	0		mmol	<9.0	<5.0
of which saturates	g	0	0	<b>Osmolality:</b>			
Carbohydrate	g	88	53	Osmolality (1 x 60g sachet +100ml water):			
of which sugars	g	0	0	Unflavoured = 11mOsm/kg			
Protein	g	0	0	Lemon = 40mOsm/kg			
Salt	g	<0.5	<0.3				

### Ingredients

**Glycosade unflavoured:** High amylopectin maize starch, water.

**Glycosade lemon:** High Amylopectin Maize Starch, Water, Flavouring, Thickener (E415), Acidity Regulatory (E330), Artificial Sweetener (Sucralose).

**Glycosade unflavoured** and **Glycosade lemon** are suitable for a vegan diet.

### Storage

Store in a cool dry place.

Ideally sachets should be used immediately after opening.

Any unused powder in an open sachet should be kept in an airtight container and used within 24 hours.

### Pack size/Weight

30 x 60g sachets = 1.8kg

### Flavours

Unflavoured and Lemon



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